



Let's Climb Mount Fuji

By: Aidan Olley (Natori ALT)

When I came to Japan, I did not want to climb Mt. Fuji. "It's too hard," I thought, "I can't do it." But one day my friend came to me and asked if I wanted to try climbing it. He said "I know you like hiking. Let's try it together!" So I decided to try hard. I started hiking more. I also started going to the gym. I got stronger. Then, finally, we started climbing. We stayed in a mountain hut overnight. I ate delicious curry there. In the morning, we saw a beautiful sunrise. The climb was difficult. The path was really steep, but because I prepared well, I did it.

At the top of the mountain, it was so cold. It was 0 degrees in July! The wind was strong and it was rainy, too. Near the bottom, it got warm again. The rain stopped. It was easy to enjoy the last part of the climb. I'm happy that I climbed Mt. Fuji!

(179 words)



- ① 【大事】 まずは、知らない単語や表現があっても文脈から推測しながら読み進めてみましょう。
 ② ①をした上で単語のヒントがほしい場合は、【B】ヒントありver.(次のページ)に進みましょう。

Questions

1 Why didn't Mr. Aidan want to climb Mt. Fuji?

2 Was the climb easy or difficult for Mr. Aidan? Why?

3 What was it like at the top of the mountain?

★ Mr. Aidan had to prepare before climbing Fuji because it was difficult. He started hiking more, and went to the gym. Write down something difficult you want to do.

I want to

Why is it difficult?

→

How will you prepare for it?

→



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decide to ... : ~することに決める

climb : 登山

degree(s) : ~度 (※気温)

mountain hut : 山小屋

path : 通り道

bottom : ふもと

overnight : 一晩中

steep : 険しい

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ALT Journal 【解答例】

富士山に登ろう*Aidan Olley (Natori ALT)*

日本に来たときは、私は富士山に登りたいとは思いませんでした。「難しすぎる、できない」と思ったのです。でもある日、友達がやってきて、富士山に登ってみたいかと私に聞きました。彼は、「君はハイキングが好きだろう。いっしょにやってみようよ」と言いました。それで私はやってみようと決心しました。私はハイキングを増やし、ジムにも行き始め、丈夫になりました。ついに私たちは、富士山に登り始めました。山小屋で一晩過ごし、おいしいカレーを食べました。朝には、美しい日の出を見ました。登山は難しかったです。道はとも陰しいものでしたが、十分に準備していたのでやり遂げることができました。

山の上はとても寒く、7月だというのに気温が0℃でした。風は強く雨も降っていました。山のふもとに近づくと、また暖かくなりました。雨は止み、登山の最後の方は簡単で楽しめました。富士山に登れてうれしく思います。

Questions

- 1 Why didn't Mr.Aidan want to climb Mt. Fuji? エイダン先生が富士山に登りたくなかったのはなぜですか。
(例) He thought it was too hard. He thought he couldn't do it.
- 2 Was the climb easy or difficult for Mr.Aidan? Why?
エイダン先生にとって、この登山は簡単でしたか、難しかったですか。それはなぜですか。
(例) It was difficult for him because the path was really steep.
- 3 What was it like at the top of the mountain? 富士山の頂上はどんな様子でしたか。
(例) It was cold, windy, and rainy.

★ 富士山登山は難しく、登山前に準備をしなければならなかったので、エイダン先生はそれまでよりハイキングを増やしてジムにも行きました。あなたがしたいことで難しいことを書きましょう。

→ (例) I want to run a marathon!

なぜ難しいのですか。

Marathons are very long.
It can be hard to breath after running.
You need to have lots of stamina.
I want to run the whole time.

→ (例)

あなたはどのように準備しますか。

I will go running after school every day.
I will study breathing techniques online.
I will increase how much I run each week.
I will ask my friends to practice with me.

→ (例)

☆ 3776メートルもある富士山は有名ですが、世界にはもっと高い山があるのを知っていますか？

エイダン先生はカナダ出身です。カナダにはロガン山という有名な山があり、その高さは5959メートルもあります！ 登るのに3週間もかかります。

☆ 世界中には有名な自然がたくさんあります。ALTの先生に、故郷にはどんな興味深い場所があるか尋ねてみましょう。また、あなたの知っているすてきな場所を教えましょう！



Mount Logan