



Making Memories as a Second-Generation JET ALT

By: Thomas Sanborn De Asis (Kesennuma ALT)

Growing up I heard many stories of my parents working as ALTs in Aomori during the 90s through the JET program. So when I was accepted into the JET program in 2024, I was excited to make my own stories in Japan. While living in Miyagi, I want to travel to many places around Tohoku and create memories of my own like my parents did 30 years ago.

One of my favorite memories so far has been going to the Uesugi Snow Lantern Festival in Yonezawa, Yamaga. I traveled there with some friends during the second week of February. It snowed a lot and driving there was a little scary, but by the time we arrived at our ryokan, I was confident in my snow-driving skills!

The festival was gorgeous, and there were many people. I met one of my friends from college there. He is an ALT in Yamagata. We all enjoyed the beautiful lanterns together. Afterwards, we ate Yonezawa beef yakiniku, and enjoyed the onsen at our ryokan. I love snow and I am very happy I got to see this magical snow festival! I hope to continue to make more wonderful memories like these to rival the stories my parents told me growing up. (207 words)

- ① 【重要】 まずは、知らない単語や表現があっても文脈から推測しながら読み進めてみましょう。
② ①をした上で単語のヒントがほしい場合は、【B】ヒントありver.(次のページ)に進みましょう。

Questions

- Where did Mr. Thomas' parents work as ALTs in the 90s?
- How did Mr. Thomas feel about driving in the snow by the time he got to the ryokan?
- Who did Thomas meet up with at the snow festival?

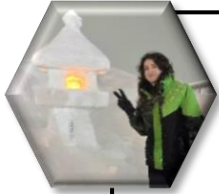
★ Mr. Thomas was inspired by his parents' stories. Now he is making his own memories.

Have you been inspired* by your family or friends?

Who inspires you? _____

What did they do that inspires you? _____

What do you want to do because of them? _____



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※ generation: 世代	growing up: 幼い頃から	JET Program: ALTとして日本で働くプログラム	
※ by the time: ~する頃には	confident: 自信がある	gorgeous: 華やか	lanterns: 提灯
※ afterwards: その後	magical: 幻想的な	rival: 匹敵する、肩を並べる	



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※ inspired: 影響を受けた



ALT Journal 【解答例】

二世JET ALTとしての思い出作り

Thomas Sanborn De Asis (気仙沼市 ALT)

幼い頃から、両親が90年代にJETプログラムを通じて青森でALTとして働いていた話をよく聞いて育ちました。そのため、2024年にJETプログラムに参加することが決まったとき、日本で自分の物語を作りたいと思いました。宮城に住んでいる間に、東北各地を旅行し、30年前の両親のような思い出を作りたいです。

これまでで一番の思い出は、山形県米沢市の上杉雪灯籠まつりに行ったことです。2月の第2週に友人たちと行きました。たくさん雪が降っていて、そこまでの運転は少し怖かったですが、旅館に到着する頃には雪道運転に自信がついていました！

まつりはとても華やかで、たくさんの人で賑わっていました。そこで大学時代の友人に会いました。彼は山形でALTをしています。みんなで美しい提灯を楽しみました。その後、米沢牛の焼肉を食べ、旅館の温泉も楽しみました。私は雪が大好きなので、この幻想的な雪まつりを見ることができてとても嬉しいです！これからも両親が子供のころに話してくれた話に匹敵するような素敵な思い出をたくさん作っていきたいと思います。

Questions

- 1 Where did Mr. Thomas' parents work as ALTs in the 90s? トマス先生の両親は90年代どこでALTとして働きましたか？
(例) They worked in Aomori as ALTs.
 - 2 How did Mr. Thomas feel about driving in the snow by the time he got to the ryokan? 旅館に着くまでに、トマス先生は雪の中の運転をどう感じたでしょうか？
(例) He was confident in his snow driving skills.
 3. Who did Thomas meet up with at the snow festival? 雪まつりでトマス先生は誰に会いましたか？
(例) He met a friend of his from college.
- ★ トマス先生はご両親の話に刺激を受けました。今では、自分自身の思い出を作っています。あなたは家族や友人から影響を受けたり、励まされたりしたことはありますか？
あなたに影響を与えている人は誰ですか？
(例) I am inspired by my friend, Alex.
その人のどんな行動が、あなたに影響を与えたのですか？
(例) He made his own website about music and writes a new article every day.
その人の影響で、あなたはどんなことをしてみたいと思いましたか？
(例) It want to make my own website and starting writing articles about food.

☆ 大人になったら何をしたいですか？個人的な目標はありますか？目標は、人生でやりたいことを実現する助けとなり、人生をより楽しいものにしてくれます。将来の夢があるのなら、前に進むための目標を立ててみるのもいいかもしれません。2024年の研究によると、目標を書き留めた人は、その目標を達成する可能性が20%高くなるといえます。また、この研究では、目標をしっかり達成できるようにサポートしてくれる相手がいると、成功する可能性が更に高くなることも分かっています！ALTに目標があるかどうか尋ね、自分の目標を話してみてもいいでしょうか。そして、お互いの目標を一緒に頑張れるように、「一緒にがんばる仲間になってくれない？」とお願いしてみましょう！